



1.- Are the following statements TRUE or FALSE? Copy the evidence from the text. No marks are given for only TRUE or FALSE.

a) The title's recommendation is an old oriental proverb. TRUE, it is said that: *"It's from a seventeenth-century samurai warrior"*

b) Life usually gives you indications about what might arise. TRUE, it is said that: *"there were clues all along the way that it was going to happen."*

2.- In your own words and based on the ideas in the text, answer the following questions. Do not copy from the text.

a) What does the text recommend people to do in order to get rid of fear? The text recommends that people confront their fears to overcome

b) Why is it not a good idea to spend too much time wondering what to choose in life? First, because if you spend too much time thinking about the options you have stop acting and what you need to do is act , and secondly because if we stop long to weigh the options we will find many problems that will not want to choose any option.

Give at least two reasons.

(Puntuación máxima: 2 puntos)

3.- Find the words in the text that mean:

a) enormous (paragraph 3) "huge"

b) take place (paragraph 3) "sneak up on"

c) vanished (paragraph 4) "passed"

d) considered (paragraph 4) "looked at"

(Puntuación máxima: 1 punto)

4.- Complete the following sentences. Use the appropriate form of the word in brackets

when given.

a) Thirty years ago, scientists began (begin) to study the link between fear of heights and other phobias.

b) "How often do you go up and clean your roof?" "I usually do it once a month.

c) If you had (have) a vertigo attack in a hot air balloon, what would you do?



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d) This is the first self-help book I know that is focused (focus) on personal psychology. All aspects of human behaviour are explained (explain) with clarity and precision.

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